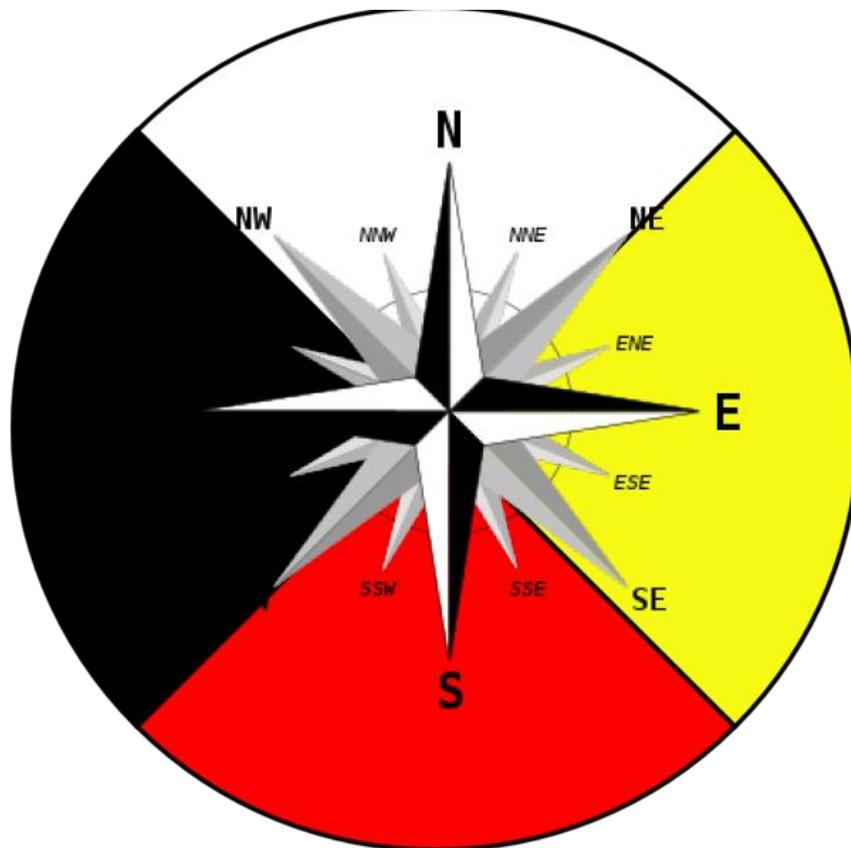


How To Get What You Want - with Bonus VIP Summary of the SOGR Science of Getting Rich

By Comm'r George Mentz, JD MBA CILS CWM



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Chapter One

Getting what you want is success; and success is an effect, coming from the application of a cause. Success is essentially the same in all cases; the difference is in the things the successful people want, but not in the success. Success is essentially the same, whether it results in the attainment of health, wealth, development or position; success is attainment, without regard to the things attained. And it is a law in nature that like causes always produce like effects; therefore, since success is the same in all cases, the cause of success must be the same in all cases.

The cause of success is always in the person who succeeds; you will see that this must be true, because if the cause of success were in nature, outside the person, then all persons similarly situated would succeed.

The cause of success is not in the environment of the individual, because if it were, all persons within a given radius would be successful, and success would be wholly a matter of neighborhood; and we see that people whose environments are practically the same, and who live in the same neighborhood show us all degrees of success and failure; therefore, we know that the cause of success must be in the individual, and nowhere else. 2

It is, therefore, mathematically certain that you can succeed if you will find out the cause of success, and develop it to sufficient strength, and apply it properly to your work; for the application of a sufficient cause can not fail to produce a given effect. If there is a failure anywhere, of any kind, it is because the cause was either not sufficient or was not properly applied.

The cause of success is some power within you; you have the power to develop any power to a limitless extent; for there is no end to mental growth; you can increase the strength of this power indefinitely, and so you can make it strong enough to do what you want to do, and to get what you want to get; when it is strong enough you can learn how to apply it to the work, and therefore, you can certainly succeed. All you have to learn is what is the cause of success, and how it must be applied.

The development of the special faculties to be used in your work is essential. We do not expect anyone to succeed as a musician without developing the musical faculty; and it would be absurd to expect a machinist to succeed without developing the mechanical faculty, a clergyman to succeed without developing spiritual understanding and the use of words, or a banker to succeed without developing the faculty of finance. And in choosing a business, you should choose the one which will call for the use of your strongest faculties.

If you have a good mechanical ability, and are not spiritually minded and have no command of language, do not try to preach; and if you have the taste and talent to combine colors and fabrics into beautiful creation in millinery and dress, do not learn typewriting or stenography; get into a business which will use your strongest faculties, and develop these faculties all you can; and even this is not enough to insure success.

There are people with fine musical talent who fail as musicians; with good mechanical ability who fail as carpenters, blacksmiths and machinists; with deep spirituality and fluent use of language who fail as clergymen; with keen and logical minds who fail as lawyers, and so on; the special faculties used in your work are the tools you use, but success does not depend alone on having good tools; it depends more on the power which uses and applies the tools. Be sure that your tools are the best and kept in the best condition; you can cultivate any faculty to any desired extent.

The application of the musical faculty causes success in music; that of the mechanical faculty causes success in mechanical pursuits; that of the financial faculty causes success in banking, and so on; and the something which applies these faculties, or causes them to be applied is the cause of success. The faculties are tools; the user of the tools is you, yourself; that in you which can cause you to use the tools in the right way, at the right time and in the right place is the cause of success.

What is this something in the person which causes him to use his faculties successfully?

What it is and how to develop it will be fully explained in the next section; but before taking that up you should read this section over several times, so as to fix upon your mind the impregnable logic of the statement that you can succeed. You can; and if you study the foregoing argument well, you will be convinced that you can; and to become convinced that you can succeed is the first requisite to success.

Chapter Two

The faculties of the human mind are the tools with which success is attained, and the right application of these tools to your work or business will do it successfully and get what you want. A few people succeed because they use their faculties successfully, and the majority, who have equally good faculties, fail because they use them unsuccessfully. There is something in the man who succeeds which enables him to use his faculties successfully, and this something must be cultivated by all who succeed; the question is, What is it?

It is hard to find a word which shall express it, and not be misleading. This something is Poise; and poise is peace and power combined; but it is more than poise, for poise is a condition, and this something is an action as well as a condition. This Something is Faith; but it is more than faith, as faith is commonly understood: As commonly understood, faith consists in the action of believing things which cannot be proved; and the Something which causes success is more than that. It is Conscious Power in Action.

It is ACTIVE POWER-CONSCIOUSNESS.

Power-Consciousness is what you feel when you know that you can do a thing; and you know HOW to do the thing. If I can cause you to KNOW that you can succeed, and to know that you know HOW to succeed, I have placed success within your grasp; for if you know that you can do a thing and know that you know how to do it, it is impossible that you should fail to do it, if you really try. When you are in full Power-Consciousness, you will approach the task in an absolutely successful frame of mind. Every thought will be a successful thought, every action a successful action; and if every thought and action is successful, the sum-total of all your actions cannot be failure.

What I have to do in these lessons, then, is to teach you how to create Power-Consciousness in yourself, so that you will know that you can do what you want to do and then to teach you how to do what you want to do. Read again the preceding section; it proves by unanswerable logic that you CAN succeed. It shows that all that is in any mind is in your mind; the difference, if any, being in development. It is a fact in nature that the undeveloped is always capable of development; we see then that the cause of success is in you, and is capable of full development.

Having read this you must believe that it is possible for you to succeed; but it is not enough for you to believe that you can; you must know that you can; and the subconscious mind must know it as well as the objective mind. People have a way of saying, "he can who thinks he can"; but this is not true. It is not even true that he can who knows he can, if only the objective mind is spoken of; for the subconscious mind will often completely set aside and overcome what is positively known by the objective mind. It is a true statement, however, that he can whose subconscious mind knows that he can; and it is especially true if his objective mind has been trained to do the work. 4

People fail because they think, objectively, that they can do things, but do not know, subconsciously, that they can do them. It is more than likely that your subconscious mind is even now impressed with doubts of your ability to succeed; and these must be removed, or it will withhold its power when you need it most. The subconscious mind is the source from which power comes in the action of any faculty; and a doubt will cause this power to be withheld, and the action will be weak; therefore, your first step must be to impress your subconscious mind with that fact that you CAN. This must be done by repeated suggestions.

Practice the following mental exercise several times a day, and especially just before going to sleep; Think quietly about the subconscious mentality, which permeates your whole body as water permeates a sponge; as you think of this mind, try to feel it; you will soon be able to become conscious of it. Hold this consciousness, and say with deep, earnest feeling: "I CAN succeed! All that is

possible to anyone is possible to me. I AM successful. I do succeed, for I am full of the Power of Success."

This is the simple truth. Realize that it is true, and repeat it over and over until your mentality is saturated through and through with the knowledge that YOU CAN DO WHAT YOU WANT TO DO. You can; other people have, and you can do more than anyone has ever done, for no one has ever yet used all the power that is capable of being used. It is within your power to make a greater success in your business than anyone has ever made before you.

Practice the above autosuggestion for a month with persistence, and you will begin to KNOW that you have within you that which CAN do what you want to do; and then you will be ready for the next section which will tell you how to proceed in doing what you want to do. But remember that it is absolutely essential that you should first impress upon the subconscious mind the knowledge that you CAN.

Chapter Three

Having filled your mentality, conscious and subconscious, with the faith that you CAN get what you want, the next question is one of the methods. You know that you can do it if you proceed in the right way; but which is the right way?

This much is certain; to get more, you must make constructive use of what you have. You cannot use what you have not; therefore, your problem is how to make the most constructive use of what you already have. Do not waste any time considering how you would use certain things if you had them; consider, simply, how to use what you have. It is also certain that you will progress more rapidly if you make the most perfect use of what you have. In fact, the degree of rapidity with which you attain what you want will depend upon the perfection with which you use what you have. Many people are at a standstill, or finding things coming their way very slowly because they are making only partial use of present means, power and opportunities.

You may see this point more plainly by considering an analogy in nature. In the process of evolution, the squirrels developed their leaping power to its fullest extent; then a continuous effort to advance brought forth the flying squirrel, which has a membrane uniting the legs in such a way as to form a parachute and enable the animal to sail some distance beyond an ordinary leap. A little extension of the parachute jump of the flying squirrel produced the bat, which has membranous wings and can fly; and continuous flight produced the bird with feathered wings. The transition from one plane to another was accomplished simply by perfecting and extending functions. If the squirrels had not kept leaping further and further, there would have been no flying squirrel, and no power of flight. Making constructive use of the leaping power produced flight. If you are only jumping half as far as you can, you will never fly.

In nature, we see that life advances from one plane to another by perfecting function on the lower plane. Whenever an organism contains more life than it can express by functioning perfectly on its own plane, it begins to perform the functions of the next higher, or larger plane. The first squirrel which began to develop the parachute membrane must have been a very perfect leaper. This is the fundamental principle of evolution, and of all attainment.

In accordance with this principle, then, you can advance only by more than filling your present place. You must do, perfectly, all that you can do now; and it is the law that by doing perfectly all that you can do now you will become able to do later things which you cannot do now. The doing to perfection of one thing invariably provides us with the equipment for doing the next larger thing, because it is a principle inherent in nature that life continuously advances. Every person who does one thing perfect is instantly presented with an opportunity to begin doing the next larger thing. This is the universal law of all life, and is unailing.

First, do perfectly all that you can do now; keep on doing it perfectly until the doing of it becomes so easy that you have surplus power left after doing it; then by this surplus power you will get a hold on the work of a higher plane, and begin to extend your correspondence with environment.

Get into a business which will use your strongest faculties, even if you must commence at the bottom; then develop those faculties to the utmost. Cultivate power-consciousness, so that you can apply your faculties successfully, and apply them in doing perfectly everything you can do now, where you are now. Do not wait for a change of environment; it may never come. Your only way of reaching a better environment is by making constructive use of your present environment. Only the most complete use of your present environment will place you in a more desirable one.

If you wish to extend your present business, remember that you can only do it by doing in the most perfect manner the business you already have. When you put life enough into your business to more than fill it, the surplus will get you more business. Do not reach out after more until you have life to spare after doing perfectly all that you have to do now. It is of no advantage to have more work or more business than you have life to do perfectly; if that is the case, increase your vital power first. And remember, it is the perfection with which you do what you have to do now that extends your field and brings you in touch with a larger environment.

Bear in mind that the motive force which gets you what you want is life; and that what you want, in the last analysis, is only an opportunity to live more; and that, therefore you can get what you want only through the operation of that universal law by which all life advances continuously into fuller expression. That law is that whenever an organism has more life than can find expression by functioning perfectly on a given plane, its surplus life lifts it to the next higher plane. When you put enough of yourself into your present work to do it perfectly, your surplus power will extend your work into a larger field. It is also essential that you should have in mind what you want, so that your surplus power may be turned in the right direction.

Form a clear conception of what you seek to accomplish, but do not let what you seek to accomplish interfere with doing perfectly what you have to do now. Your concept of what you want is a guide to your energies, and an inspiration to cause you to apply them to the utmost to your present work. Live for the future now.

Suppose that your desire is to have a department store, and you have only capital enough to start a peanut stand. Do not try to start a department store today, on a peanut stand capital; but start the peanut stand in the full faith and confidence that you will be able to develop it into a department store. Look upon the peanut stand merely as the beginning of the department store, and make it grow; you can.

Get more business by using constructively the business you have now; get more friends by using constructively the friends you already have; get a better position by using constructively the one you now have; get more domestic happiness by the constructive use of the love that already exists in your home.

Chapter Four

You can obtain what you want only by applying your faculties to your work and your environment; you become able to apply your faculties successfully by acquiring Power-Consciousness; and you go forward by a concentration on today's work, and by doing perfectly everything that can be done at the present time. You can get what you want in the future only by concentrating all your energies upon the constructive use of whatever you are in relation with today. An indifferent or half-hearted use of the elements in today's environment will be fatal to tomorrow's attainment.

Do not desire for today what is beyond your ability to get today; but be sure you get today the very best that can be had. Never take less than the very best that can be had at the present time; but do not waste energy by desiring what cannot be had at the present time. If you always have the best that can be had, you will continue to have better and better things, because it is a fundamental principle in the universe that life shall continually advance into more life, and into the use of more and better things; this is the principle which causes evolution. But if you are satisfied with less than the best that can be had, you will cease to move forward.

Every transaction and relation of today whether it be business, domestic or social, must be made a stepping stone to what you want in the future; and to

accomplish this you must put into each more than enough life to fill it. There must be surplus power in everything you do. It is this surplus power which causes advancement and gets you what you want; where there is no surplus power there is no advancement and no attainment. It is the surplus of life above and beyond the functions of present environment which causes evolution; and evolution is advancing into more life, or getting what you want.

Suppose, for instance, you are in trade or a profession, and wish to increase your business; it will not do, when you sell goods or service to make the matter a merely perfunctory transaction, taking the customer's money, giving him good value, and letting him go away feeling that you had no interest in the matter beyond giving him a fair deal and profiting thereby. Unless he feels that you have a personal interest in him and his needs, and that you are honestly desirous to increase his welfare, you have made a failure and are losing ground.

When you can make every customer feel that you are really trying to advance his interests as well as your own, your business will grow. It is not necessary to give premiums, or heavier weights or better values than others give to accomplish this; it is done by putting life and interest into every transaction, however small.

If you desire to change your avocation, make your present business a stepping-stone to the one you want. As long as you are in your present business, fill it with life; the surplus will tend toward what you want.

Take a live interest in every man, woman and child you meet in either a business or social way, and sincerely desire the best for them; they will soon begin to feel that your advancement is a matter of interest to them and they will unite their thoughts for your good. This will form a battery of power in your favor and will open ways of advancement for you.

If you are an employee and desire promotion, put life into everything you do; put in more than enough life and interest to fill each piece of work. But do not be servile; never be a flunkey; and above all things avoid the intellectual prostitution which is the vice of our times in many trades and most

professions. I mean by this the being a mere hired apologist for the defender of immorality, graft, dishonesty, or vice in any form. The intellectual prostitute may rise in the service, but he is a lost soul.

Respect yourself; be absolutely just to all; put LIFE into every act and thought and fix Power-Conscious thought upon the fact that you are entitled to promotion; it will come as soon as you can more than fill your present place in every day. If it does not come from your present employer it will come from another; it is the law that whosoever more than fills his present place must be advanced. But for this law there could be no evolution, and no progress; but mark well what follows.

It is not enough that you should merely put surplus life into your business relations. You will not advance far if you are a good business man or employee, but a bad husband, an unjust father, or, an untrustworthy friend. Your failure in these respects will make you incapable of using your success for the advancement of life, and so you will not come under the operation of the constructive law. Many a man who fulfills the law in business is prevented from progressing because he is unkind to his wife, or deficient in some other relation of life. To come under the operation of the evolutionary force you must more than fill EVERY present relation.

A telegraph operator desired to get away from the key, and get onto a small farm; and he began to move in that direction by being "good" to his wife. He "courted" her, without any reference to his desire; and from being half indifferent she became interested and eager to help; soon they had a little piece of ground in the edge of the town, and she raised poultry and superintended a garden while he "pounded the key"; now they have a farm and he has obtained his desire. You can secure the co-operation, not only of your wife but of all the people around you by putting life and interest into all your relations with them.

Put into every relation, business, domestic or social, more than enough life to fill that relation; have faith, which is Power-Consciousness; know what you want in the future, but have today the very best that can be obtained today; never be satisfied at any time with less than the best that can be had at that

time, but never waste energy in desiring what is not to be had now; use all things for the advancement of life for yourself and for all with whom you are related in any way. Follow out these principles of action and you cannot fail to get what you want; for the universe is so constructed that all things must work together for your good.

Chapter Five

Wealth-culture consists in making constructive use of the people and things in your environment.

First, get a clear mental picture of what you want. If your present business or profession is not the one most suitable to your talents and tastes, decide upon the one which is most suitable; and determine to get into that business or profession, and to achieve the very greatest success in it. Get a clear idea of what you want to do, and get a mental concept of the utmost success in that business or profession; and determine that you will attain to that. Give a great deal of time to forming this concept or mental picture; the more clear and definite it is, the easier will be your work. The man who is not quite sure what he wants to build will put up a wobbling and shaky structure.

Know what you want, and keep the picture of it in the background of your mind night and day; let it be like a picture on the wall of your room, always in your consciousness, night and day. And then begin to move toward it. Remember that if you have not the fully developed talent now, you can develop it as you go along; you can surely do what you want to do.

It is quite likely that at present you cannot do the thing you want to do because you are not in the right environment, and have not the necessary capital; but this does not hinder you from the beginning to move toward the right environment, and from beginning to acquire capital. Remember that you move forward only by doing what you can in your present environment.

Suppose that you have only capital enough to operate a newsstand, and your great desire is to own a department store; do not get the idea that there is some magical method by which you can successfully operate a department store on a newsstand capital. There is, however, a mental science method by

which you can so operate a news-stand as to certainly cause it to grow into a department store.

Consider that your newsstand is one department of the store you are going to have; fix your mind on the department store, and begin to assimilate the rest of it. You will get it, if you make every act and thought constructive.

To make every act and thought constructive, every one must convey the idea of increase. Steadily hold in mind the thought of advancement for yourself; know that you are advancing toward what you want, and act and speak in this faith. Then every word and act will convey the idea of advancement and increase to others, and they will be drawn to you. Always remember that what all people are seeking is increase.

First, study over the facts in regard to the great abundance until you know that there is wealth for you, and that you do not have to take this wealth from anyone else. Avoid the competitive spirit. You can readily see that if there is limitless abundance there is enough for you, without robbing anyone else. Then, knowing that it is the purpose of nature that you should have what you want, reflect upon the fact that you can get it only by acting. Consider that you can act only upon your present environment; and do not try to act now upon environment of the future.

Then remember that in acting upon your present environment, you must make every act a success in itself; and that in doing this you must hold the purpose to get what you want. You can hold this purpose only as you get a clear mental picture of what you want; be sure that you have that.

Also, remember that your actions will not have dynamic moving power unless you have an unwavering faith that you get what you want.

Form a clear mental picture of what you want; hold the purpose to get it; do everything perfectly, not in a servile spirit, but because you are a master mind; keep unwavering faith in your ultimate attainment of your goal and you cannot fail to move forward.

Summary of the Philosophy of Wallace Wattles 1910

It is arguable that the definition of wealth is the free and unrestricted use of all of the things that may be necessary for you to advance in the direction of your dreams and potential, thus attaining your fullest mental, Spiritual, and physical prosperity. You have a right to wealth because it is simply a desire for you to have a richer, fuller, and more abundant life. We all should live for the equal advancement and fulfillment of body, mind, and soul, and there is no reason we should limit our capacities in any of the three sectors. Many people see greed, lust, and arrogance in the rich, and wonder if any wealthy people are truly happy. Ironically, poverty can and will frustrate your relationship with Spirit and people, especially with those you love.

Furthermore, poverty creates negative self-esteem, confidence, and outlook upon life. With poverty of mind and life, you may have nothing to give to those you love and care about, which leads to a very limited life and ability to connect to people and the world. Remember, giving is a form of love and compassion. In sum, abundance and wealth are the same, and if we recognize it and get in tune with it, prosperity will show itself in each of our lives. If you are complacent with your life, then this book is not for you. Stay where you are. Do not advance. Do not exercise your talents to the fullest. Do not leave your gift, mark, or legacy to the world in the form of improvements, opportunity, or education for all. However, if you want more out of life, and you are tired of failure, we will give you the secrets to success and the keys to prosperity. Why would or should you sit idly by and reject or deny the abundance of the world when it awaits your cooperation and seeking. The world is plentiful with resources, and your creativity is one of the many secrets to your future success. You do not need money to start something, to plan, to begin. You do not need a special talent or to save every penny to be rich. You do not need the perfect business location for your offices. Many

people become rich with no talent, no college education, a less than perfect place to work and live, and no start-up capital.

The time is now to change your mind about life and to begin anew. When you are ready and willing to change and open your heart and mind, the gold mine of abundance will be available to you. The whole world of past and present has its eyes on you, waiting for you to achieve your dreams, and all you need to do is make the mental and Spiritual shift in consciousness.

There is plenty of opportunity. Creativity, innovation, and abundance will go to the people who flow and cooperate with life and not reject it. Nature has an inexhaustible source of riches. Accordingly, it is natural to seek more from life, and your advancement is vital for growth. As the old adage states, "We grow or die." On the higher plane and dimension, a person can make forty years worth of advances in three to six years with efficient work. For example, the last one-hundred years has shown more life and technological improvements than the last two-thousand years of civilization. We will now show you the first secret of life. This key to success can be yours if you simply accept the following statement. Just take it as fact, and the world will begin to move with you.

THOUGHT PRECEEDS FORM

You conceive of your desire, you believe that your goal will happen, and you retrieve the opportunity from the world's storehouse of riches. As a rule, man originates thought. Thought turns into plans or mental images in the mind. Man can communicate his thought and mental images into and throughout the world. This creation begins with our thought focused, within and without.

Your mind is the center of your world. The presence of the universal Spirit can be allowed into your mind. Your thoughts, mixed with a thankful heart, directed toward your inner presence can flow out into the world. You picture and believe that your healthy goal is possible. You understand the essence and reasons that you should have this type of result in your life. You picture your goal with specificity. You think of and picture the opportunity frequently. You

believe that you have the type of result that you desire. You feel it and harvest the emotion of having it as much as possible. These thoughts and a mental practice of visualization will be sent off into the world like a letter of request. If you practice this visualization enough, the desires you have will be met. Truth is your faithful, non-doubting interpretation of your thoughts. Do not focus on failure, poverty, disease, or lack. Your truth is health, riches, success, and happiness. Do not doubt your thoughts and dreams. Do not speak against them. Keep these mental petitions as faithful as possible while living harmoniously with people, places, institutions, and the Universe.

It is the desire of the universal Spirit that you should have all that you need. You will begin with a simple desire for some type of improvement in life. A desire, coupled with unwavering faith, will correctly unfold for you over time. The motives of your desires are important: You want to help yourself and others, and you do not want to hurt other people. You will achieve these desires much more quickly if your motives are not colored with greed, ego, pride, lust, competition, hate, resentment, and arrogance. Your desires must be propelled by love, gratitude, faith, confidence, mental focus, truth, acceptance, creativity, positive expectation, clear planning, and the giving of more love and value than you take.

TO BEGIN YOUR PROCESS OF PROSPERITY

Brainstorm on your ideas each day. Clarify in your mind exactly what you want and how you will achieve it. Hold the picture of the moment you have completed the achievement with positive certainty. Never speak or think of it as not being possible. Claim it as yours, claim the picture of success as a “FACT” and that it is already yours in mind. Keep your mind tuned in to the universal presence and energy by having a thankful heart and grateful thoughts. If you cannot be grateful, then, begin to think of your ability to walk, talk, see, hear, travel, speak, etc. The simplest of freedoms for which to be grateful are the most easily overlooked. But, these abilities, such as your health, are the quickest way to show gratitude and begin a new and powerful

positive outlook that connects you to life and your dreams. People will soon not recognize your new outlook and serenity.

Remember, you must exercise this mental picturing and thankfulness every day for at least a month. However, after a month, you will not believe the difference in your perception of life. Do not be frightened or ashamed to ask for what you really want. Ask for more than you need. The world is full of people to give and receive. Never be frightened to receive. Receive with humility, thankfulness, and appreciation. Extreme poverty and self-sacrifice are not pleasing to anyone, and extreme altruism is just as dangerous as extreme greed or piety. Thus, give and receive with joy. We believe that there is a universal Spirit of which unlimited abundance flows. It will give us all that we need and desire when we have a pure heart. A pure heart and mind simply means that you do not allow the weeds of ignorance, bitterness, hate, and irritation to cloud and fill your mind. To facilitate a mind of purity, we make the profound connection to the universal Spirit within us, by developing a strong feeling of thankfulness for life, love, health, and our material gifts that we already have or will have.

Let us think about gratitude and thankfulness. Can you have happiness with a bitter heart? Can you have real faith when you are constantly blaming, angry, and ungrateful? If you think you can be happy with a blaming, hateful, and bitter mind, then, good luck. If you want to change to an outlook on life where you feel that all is possible, then keep reading. Think back and reflect on the times in your life when you got what you wanted and became arrogant or ego centered. After you got what you wanted or got out of a jam, you forgot about and abandoned your connection to your universal Spirit. You may have given up your connection to the Spirit and world because you thought you had won the game of life.

When good things happen to you, this is the *exact* time that you should exercise and practice having grateful thoughts to continue the flow of riches to you. What you focus on expands. What becomes important to you will come to you and remain with you. If you have doubt and fear, your gratitude will

dispel fear and doubt. Gratitude will keep you connected to the world and affords you a harmonious relationship with all. Gratitude and thankfulness prevent dissatisfaction. Continue to fix your attention on thanks and the best in life. Fix your mind on health, love, success, and good fortune. Your faith will be renewed and strengthened from your exercise of gratitude. It may not happen overnight, but within a month of this simple five-minute-a-day practice, you *will* have results.

As an exercise, go a week without complaining. As you may know, complaining attracts destructive people, places, and things into your life. Each time you find yourself complaining, touch each of your shoulders with your finger, and proclaim, "I am abundance." If you have trouble with certain negative triggers, then eliminate them. If government bothers you, then quit reading the paper for a while. If certain people constantly annoy you, then you should avoid them for a time, too. You are working on yourself, and it is OK to take care of your well-being first. The people around you will be happy in the end, if you rebuild and renew your positive Spirit and enthusiasm for life as a priority. This is putting your health first, i.e., your Spiritual health. Your desires should be very specific. Your mental blueprint must be just as precise. For example, you may write out on a piece of paper a personal contract to yourself:

I, John Beck, Jr., will have a million-dollar business four years from today. I will sell creative *widgits*. I will give the best service and value to my clients. My products and services will have outstanding benefits and will help all of my customers. I will do all of these things, work hard, and be persistent in my service and quality. I will not give up. People will be glad to pay me for my services because they are a benefit to the customer. I will gladly accept payment and do what I need to do to receive the compensation.

Jan. 1, Year - 2xxx, John Beck, Jr., XXX SIGNATURE

Spend each day contemplating your personal contract. Visualize the million-dollar business. Form a mental image of you being paid one million dollars for the business in the form of a check or stock. Mentally imagine yourself on that very moment of completing the transaction with joy. Feel it, harvest the

emotion, and believe that an outcome or even better outcome is possible. Moreover, you should know, feel, and see in your mind what you will do when you become rich, how you will live, help others, and serve humanity.

VISUALIZATION, FEELING AND PURPOSE

The clearer the picture, the stronger the desire. If your desire is strong, your willingness to focus on the success and claiming it as yours will be made a seamless transaction. You must engage your heartfelt faith to secure a small step to success in each day. Stay engaged and keep moving toward your goals with gratitude and faith. After you have pictured your optimal vision and read your personal agreement to yourself, complete the meditative thought process with the words “and it is so, thank you for the blessing, thank you for expanding the quality of my life, and thank you for protecting me and my family.” This will complete your exercise and you then send this petition into the world, like a request that must be granted. You should be ready to receive what you want in any form, or even a higher form or result. You need only use your willingness on yourself. You need not think of adversely harming others. You may then always use your self-will to force yourself to think about certain constructive things and doing certain beneficial actions. Every moment in doubt is a waste of time. Direct your attention to prosperity. The best thing you can do for the non-believers is to show them that you can achieve abundance and success. Your creative idea and plan *will* be a success, if it is a strong desire that you are willing to go the distance to fulfill your dreams.

Do not tell the same old doubtful people of your plans and ideas. If you tell enough bitter people about your idea, their collective doubt or jealousy may weaken and sabotage your dreams. Surround yourself with experts in the field, people who are encouraging and insightful, people working toward a new outlook on life. Do not sink into the past by telling others about your difficulties or failures (unless in a secure peer-group where you have at least an unwritten contract of privacy and support). Interest yourself in becoming rich in life! Always try to see the positive side of your present state of affairs. Focus on optimistic conversation or beneficial events that have happened in your life. When you are willing, you must act the part. Do what you need to do. Make lists of things to do and begin doing them one by one. It may take a year

to complete, but we must begin somewhere. Do each series of tasks and individual actions efficiently. Do them right the first time, and you need not fix it later. To do efficient and effective work, you need only to do one thing at a time and do not spread yourself too thin. Do things in a “Certain Way” with focus, awareness and effectiveness. Provide quality and value and the power of increase to all. You need not try and mandate an outcome. The creative forces will unfold the correct and highest result for you. You merely need to organize your affairs so that you may receive the success and gladly accept the payoff. Overall, action is what will allow you to receive your abundance. Do only what can be done today, and tomorrow you can begin anew. In sum, put the faith, vision, and purpose behind your every action to accelerate your reaching higher abundance.

FIND OUT WHAT YOU REALLY WANT TO DO AND BE!

You should determine what you like to do, or even what you love to do, through this simple process. Write out a list of twenty things of interest to you. Continue adding and subtracting from the list. Over time, you will only have two or three things left, because the supreme power will guide you toward your highest given talents. As a note, your purpose could be to study history or science, to read books, to write, to develop written content, to draw or create art and graphics, to travel, or to communicate with people. It should, over time, become more specific, such as: I intend to become the best speaker or writer on the topic of politics or taxes, to complete a masters or doctorate in international business, to build the best Web site for information and links to success literature. It does not matter how you start, just begin the writing process! Just remember, a good talent (something you like to do and you are good at doing), combined with desire to become the best professional in this field, will guarantee that you do and be what you love.

At the least, you can become a teacher of your trade or profession and give back to the world, by accelerating the learning of children or students in your field of love. Without being boastful, you must convey the impression to others that you are advancing all that come in contact with you. Impress on others that you can add to their lives to promote your goals and ideals. Speak of your life and business as getting better and better all of the time. Act and

feel as though you are very successful and that you are already rich in life and all of your needs are met. Incorporate a compassionate humility that you mix with poise, faith, confidence, and self-esteem. You need only speak when necessary, but your strong character and faithful confidence will attract the best people into your life.

DO THINGS IN A CERTAIN WAY WITH INCREASE

If you are in a job and you cannot leave it immediately to follow your dreams, then do what you can in the evenings or weekends to hone your skills, plans, and education toward your goal. Use your present job skillfully to move in the direction that you want. There are thousands of people who have their business pay for their part-time education. Your contacts at work may lead to a better or different job. You must be prepared to discuss your dreams (what you want from life) in spoken words. You must know exactly what you want, and you must clarify and quantify it to others. You must be able to ask for, and accept, what you want out of life. You will need to interact with others who can help you. This process of abundance, harmonization, and advancement will lead others to want to help you. Be ready for them and be open to forming alliances with them. Thus, your visions, meditations, and requests are traditionally answered by the universal power in the form of another person or entity being available to help and guide you. Be *ready* to tell them what you need, and do not be ashamed to ask for a win-win relationship with the people that come to you.

How to Get What You Want – The Codified Principles of Great Thinkers to Consciously Improve Your Life of Abundance.

1. Mind has been described as the substance by which the soul is given the chance to experience existence in the physical world.
2. In order to know more, do more, and be more we must have more; we must have things to use, for we learn, and do, and become, only by using things. We must get rich, so that we

can live fully for natural expression and to increase abundance for all.

3. To achieve prosperity, greatness, and abundance, you need only to use your will power upon yourself.
4. There is no greater service to humanity than to make the best of yourself, for yourself, and for those you love.
5. YOU must get rid of the last vestige of the old idea that there is a Deity whose will it is that you should be poor, or whose purposes may be served by keeping you in poverty.
6. Do not talk about poverty; do not investigate it, or concern yourself with it. Never mind what its causes are; you have nothing to do with ignorance or sloth.
7. What concerns you is the cure for poverty. Use your will power to keep your mind OFF the subject of poverty, and to keep it fixed with faith and purpose ON the vision of what you want and your purpose.
8. If your heart is set on domestic happiness, remember that love flourishes best where there is refinement, a high level of thought, and freedom from corrupting influences; and these are to be found only where prosperity is attained by the exercise of creative thought, without strife or rivalry.
9. Getting what you want is in the effective application of a cause
10. The cause of success is always in the person who succeeds implementing and recreating the causes of prosperity that create success and abundance.

11. The key to success is finding the cause of success and replicating the cause.
12. Use your strongest faculty to achieve success. You can cultivate any faculty with your willingness to increase your life.
13. To realize you are potential and empower yourself, you must use your faculties in your skills effectively.
14. You must apply your faculties and skills upon one task at a time implementing the task to your best ability.
15. You must learn to create conscious action with each task or plan.
16. Seek always to cultivate Gratitude and Harmonious Mind to maintain clarity, poise, and focus while in meditation and while in action.
17. Poise is the combination of peace and power that can be applied to each action or thought.
18. Act in a Certain Way in all you do with effectiveness, efficiency and providing value or increase to all.
19. Power consciousness is the secret to success. Power consciousness is what you feel when you know that you can do a thing and you KNOW exactly how to do it.
20. Belief is the other key to mastery because you MUST believe that it is possible for you to achieve success, while you must believe that you can learn how to do something effectively.

21. The more steady and continuous your faith and purpose, the more rapidly you will achieve success, because you will make only POSITIVE impressions upon Substance; and you will not neutralize or offset them by negative impressions.
22. The picture of your desires, held with faith and purpose, is taken up by the Formless, and permeates it to great distances-throughout the universe
23. You must bring things from your conscious mind into your subconscious so that you will know instinctively how to do tasks. Truly knowing in your deeper mind is similar to when you drive a car and speak on the phone as your deeper mind is Knowingly and unconsciously guiding your driving.
24. We must learn how to effectively send and transfer ideas, techniques, and plans from the planning phase in mind into our deeper subconscious mind. We can use tools such as auto suggestion and making a picture board, or use incantations to imprint ideas onto our sub consciousness
25. Learn to utilize your existing assets in the now
26. Learn to affect the function of each task you engage
27. Do all you can in the NOW and feel your present place and purpose in the now.
28. Make use of your present environment, assets, home, workplace, and community. Use these gifts to augment your world.

29. Become more successful by using constructively the job or business you have now. Use your job to learn more, be more, & expand your opportunities.
30. Form of a clear conception of which you see in your mind and on the picture screen of your mind
31. You can form clear conceptions of each task that needs to be achieved
32. We may secure more friends buy using constructively the network you already have
33. We may achieve greater domestic happiness by the constructive use of the love that already exists in your home. Water the seeds of harmony and abundance.
34. You can get what you want in the future by concentrating all your energies upon the constructive use of whatever you are in relation with today and the NOW
35. A surplus of life causes evolution, growth, and opportunity.
36. Take an interest in all people you meet me the business of socially and since their leaders of the best for them. This will create the advancement for you
37. Respect yourself and put life force into every act and thought and with purpose and power consciousness.
38. You must be well rounded and balanced and body and mind and soul to manifest wholeness and energy.

39. Focus on doing what must be done. Take action in areas that can be effective in your life expansion. Do business with those who will help you increase life for all involved.
40. Whenever you find yourself hurrying, call a halt; fix your attention on the mental image of the thing you want, and begin to give thanks that you are getting it. The exercise of GRATITUDE will never fail to strengthen your faith and renew your purpose.
41. Man may come into full harmony with the Formless Substance by entertaining a lively and sincere gratitude for the blessings it bestows upon him. Gratitude unifies the mind of man with the intelligence of substance, so that man's thoughts are received by the formless.
42. Man must form a clear and definite mental image of the things he wishes to have, to do, or to become; and he must hold this mental image in his thoughts, while being deeply grateful to the Spirit of the Universe that all his desires are granted to him. The seeker who wishes to expand their wealth and prosperity must spend his leisure hours in contemplating their vision, and in earnest thanksgiving that the reality is being given to him.
43. Too much stress cannot be laid on the importance of frequent contemplation of the mental image, coupled with unwavering faith and devout gratitude. This is the process by which the impression is given to the Formless, and the creative forces set in motion.

44. The whole matter then turns on receiving, once you have clearly formed your vision. When you have formed it, it is well to make an oral statement, addressing the Universal Spirit in reverent prayer; and from that moment you must, in mind, receive what you ask for.
45. In order to receive his own when it shall come to him, man must be active. And he must do, every day, all that can be done that day, taking care to do each act in a successful manner and he must so hold the advancing thought that the impression of increase will be communicated to all with whom he comes in contact.
46. It should be the work of your leisure hours to use your imagination on the details of your vision, and to contemplate them until they are firmly fixed upon subconscious & memory. If you wish speedy results, spend practically all your spare time in this practice.
47. By continuous contemplation you will get the picture of what you want, even to the smallest details, so firmly fixed upon your mind, and so completely transferred to the mind of formless substance, that in your working hours you need only to mentally refer to the picture to stimulate your faith and purpose, and cause your best effort to be put forth. Contemplate your picture in your leisure hours until your consciousness is so full of it that you can grasp it instantly. You will become so enthused with its bright promises that the mere thought of it will call forth the strongest energies of your whole being.
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9 Concepts of Conscious Manifesting and Creation

- 1) *There is a Energized Consciousness which all things are made, and which, in its original state, permeates, penetrates, and fills the interspaces of the universe.*
- 2) *A thought, sent into this substance, produces the thing that is imaged by the thought.*
- 3) *Man can form things in his thought, and, by impressing his thought upon formless substance, can cause the thing he thinks about to be created.*
- 4) *In order to do this, man must pass from the competitive to the creative mind; he must form a clear mental picture of the things he wants, and hold this picture in his thoughts with the fixed PURPOSE to get what he wants, and the unwavering FAITH that he does get what he wants, closing his mind to all that may tend to shake his purpose, dim his vision, or quench his faith.*
- 5) *That he may receive what he wants when it comes, man must act NOW upon the people and things in his present environment.*
- 6) *In order to do this, we must do, with faith and purpose, all that can be done each day, doing each separate thing in an efficient manner.*
- 7) **Man may come into full harmony with the Formless Substance by entertaining a lively and sincere gratitude for the blessings it bestows upon him. Gratitude unifies the mind of man with the intelligence of Substance, so that man's thoughts are received by the Formless.**
- 8) **Man must form a clear and definite mental image of the things he wishes to have, to do, or to become; and he must hold this mental image in his thoughts, while being deeply grateful to the Supreme that all his desires are granted to him. The man who wishes to get rich must spend his leisure hours in contemplating his Vision, and in earnest thanksgiving that the reality is being given to him.**
- 9) **In order to receive his own when it shall come to him, man must be active; and this activity can only consist in**

more than filling his present place. He must keep in mind the Purpose to get rich through the realization of his mental image. And he must do, every day, all that can be done that day, taking care to do each act in a successful manner. He must give to every man a use value in excess of the cash value he receives, so that each transaction makes for more life; and he must so hold the Advancing Thought that the impression of increase will be communicated to all with whom he comes in contact.

In conclusion, times are only as good as your mind perceives them. Just when you think you are failing is the exact moment to continue your gratitude, meditation on you goals, and *action!* Just at that moment of doubt is when the highest good for you is ready to unfold. Even if the result is not exactly as you want, something better is very close and coming to you, and you have only been protected from a bad deal or relationship by waiting a little longer.

* Analysis and summary of The Science of Getting Rich – Dr. Mentz – Prof. Wattles – Copyright 2003-22

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Author Biography



Comm'r Dr. jur. George Mentz is a world recognized self-help and wealth management commentator who owns several professional development education companies which have trained thousands of professionals in over 40 countries. Prof. Mentz, an international attorney, founder of the Global Academy of Finance and Management® www.gafm.com, has been a keynote speaker globally in the USA, China, Asia, Arabia, USA, Mexico, Switzerland, and in the West Indies. Dr. Mentz has consulted with governments, world leaders and Fortune 500 companies. Mentz has published bestsellers in the following categories: Money and Monetary Policy, Management Science, Mysticism, Religion, Psychology, and in Spirituality. Dr. Mentz can be contacted for speaking engagements at www.gmentz.com or <http://www.linkedin.com/in/georgementz> Mentz is an award winning author, 2 time award winning professor and serves on board of various companies and charities. *No tax investment or legal advice provided herein. Please consult with a licensed professional in your jurisdiction before making any important financial or legal decision. Mentz is a licensed counselor of law LA USA. gafm.org Mentz has been honored with Federal Presidential Education Commissioner Status in the USA 2019-22

